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# HELP SAVE LIVES CARRY NALOXONE

Having naloxone, an opioid overdose-reversing medication, can help prevent overdose deaths.



Scan here to know where to  
get naloxone and how to use it.



## Why should you carry naloxone?

- Naloxone is a fast-acting medication that can reverse the effects of fentanyl and other opioids and helps quickly restore breathing.
- It can save lives and is important to have when around people using pills, powders, or other types of opioids.
- More than one dose of naloxone may be required to revive someone if fentanyl or another strong opioid is involved.

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## What are the “ABCs” to recognize an overdose?

- A. **Awareness** – person is unresponsive and won’t wake up.
- B. **Breathing** – person’s breath is slow or absent, or they are making choking or gurgling sounds.
- C. **Color** – the person’s lips, skin, or fingertips are pale or blue.

## What should you do if you suspect an overdose?

1. **Call 9-1-1 immediately.** California Good Samaritan laws can protect a person who is overdosing, or the person helping them, from legal trouble.
2. **Administer naloxone.** Use the medication on the person as soon as you can.
3. **Start rescue breathing or hands-only CPR\*.**  
The emergency dispatcher can give you CPR instructions if you need them.
4. **Stay with them.** Monitor the person until help arrives.

\*Perform rescue breathing if you have a pocket mask/face shield or the person is known to be non-infectious.

